Castlewellan Castle

Primary 7: Monday 12th June – Wednesday 14th June 2023.



Run-down

- Venue
- Staff
- Itinerary
- Activities
- Accommodation
- Luggage & Clothing
- Catering
- Medical Information
- Mobile Phone Policy
- Safety & Emergency details





- Castlewellan Castle offers school residentials and work alongside the Mobile Adventure Team to provide a range of outdoor activities.
- We are hiring two floors of accommodation in the Main Castle.
- The children will be participating in a range of outdoor activities and will receive breakfast, lunch and dinner as part of their experience.
- Approximate 50-minute drive from school.
- <u>https://www.castlewellancastle.org</u>

VENUE

STAFF

School

- Party Leader: Mr Shannon
 - Miss Lowry
 - Mrs Messom
 - Mrs Mc Gilton
 - Mrs Millar

Castlewellan

• Main Contact: Joanne Heaney



Joanne Heaney Schools & Activities

Mobile Adventure Team



ITINERARY – P7 trip

Monday

- Arrive to school at normal time.
- Children must bring a packed lunch.
- Children wear own clothes + school jumper/leavers hoodie.
- Children leave luggage in downstairs corridor. This includes a sleeping bag + pillow.
- Depart around 9:30am
- Arrival/Welcome Tour
- Lunch (children bring along)
- Activities
- Dinner
- Evening Activities

Tuesday

- Breakfast
- Activities
- Lunch
- Activities
- Dinner
- Evening Activities

Wednesday

- Breakfast
- Activities
- Lunch
- Return to school.
- Pick up estimated: 2:15pm

P7 trip itinerary will be included in the document sent through to outline our schedule.



ACTIVITIES

- Children will participate in a range of activities throughout the duration of the stay.
- Our activities include kayaking, laser tag, archery, team building games, Barn Dance, Pacman Maze & Lake walk.









ACCOMMODATION

- We are hiring two floors within the Castle.
- Children will sleep in Dorm style bedrooms ranging from rooms of 3 – 10 children. All children will be made aware of where staff are located. Signage will be placed on staff doors.
- A rooming list will be drawn up in conjunction with the children and their class teacher.

LUGGAGE

- As a general guide we suggest that luggage should be restricted to one small sized bag/suitcase per pupil.
- Pupils will have to carry their own luggage on and off the coach and into the centre.
- A small backpack is allowed for small personal items and can be used when moving around the centre but is not essential.
- No food items or sweets should be sent with your child.
- Children are permitted to bring £5 spending money for the on-site ice-cream/tuck shop.
- A small torch is a great item for your child to bring if you have one of these. Not essential.
- A small game, a reading book, playing cards, sketch book is permitted.
- <u>Remember a sleeping bag and small pillow must be packed.</u>





CLOTHING

- On the outward and homeward journeys, the children **must** wear their L.P.S. jumper or Leavers Hoodie.
- As children will be participating in outdoor activities, we recommend packing old clothing. Your child will get wet and muddy!
- You are strongly advised to mark <u>ALL</u> clothes, shoes and equipment with your child's name to avoid confusion and loss.
- A clothing list has been sent home. Having a <u>SPARE PAIR OF</u> <u>OLD SHOES</u> and extra socks will be essential.
- Showering facilities are available and a towel should be packed alongside some shower gel/toiletries.
- **PYJAMAS ARE ESSENTIAL.**
- MAKE-UP AND HAIR STRAIGHTENERS ARE NOT PERMITTED.
- PLEASE DO NOT SEND FOOTBALL/RUGBY JERSEYS OR SCARVES.

P7 Castlewellan Clothing List

The following items should be packed for our P7 trip to Castlewellan Castle:

- Pyjamas or Shorts and T shirt
- Underwear & socks
- 3 X T shirts
- X 3 Tracksuit bottoms or Leggings
- 1X Raincoat
- Old shoes/ trainers
- 1X school jumper / Leaver's Hoody
- Slippers/ slides for in rooms.

Other items you should include in your child's bag are as follows:

- A brush
- Toothpaste and toothbrush
- A towel
- A book or small game (e.g., Uno, cards etc)
- A pillow
- A sleeping bag.

Many thanks,

P7 Team

MOBILE PHONES & TECHNOLOGY

- With regard to Child Protection & Safeguarding, we will be operating a strict no mobile phone policy. <u>A</u> <u>Mobile phone should not be sent</u> <u>with your child.</u>
- <u>Other technology such as iPads,</u> <u>tablets, portable games consoles or</u> <u>smart watches are not permitted.</u>



No mobile phones



Group Name : Lisnasharragh PS

Date : 12-14 June 2023

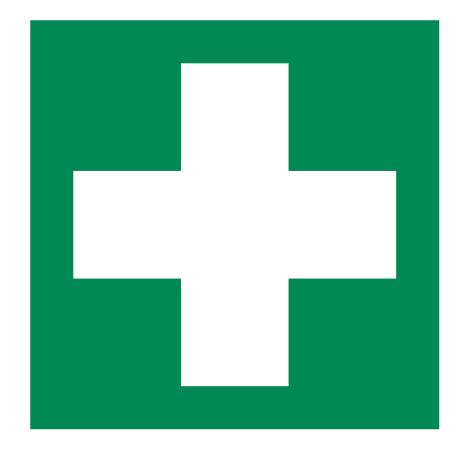
	Breakfast	Lunch	Dinner
Monday			Chicken burger with chips, slices of tomato & cucumber Cookie
Tuesday	Cereals & toast Fruit & yoghurt Juice & tea	Pasta with tomato sauce and garlic bread Chocolate muffin	Baked ham with mashed potatoes, peas & gravy Jelly
Wednesday	Cereals & toast Fruit & yoghurt Juice & tea	Chicken curry with rice & pitta bread Ice cream tub	

CATERING

- Castlewellan Castle have full catering & kitchen facilities and will be providing all meals throughout our stay.
- This includes a selection of cereals and toast for breakfast, as well as a hot lunch and evening meal. A menu has been provided from Joanne Heaney who manages the residential school programme.
- School will provide a supper before bed.
- If your child has additional dietary requirements or allergies rest assured, this information has been passed onto the team at Castlewellan.
- No additional food items or sweets should be sent with your child.
- Further queries: contact the castle directly.

MEDICAL INFORMATION

- <u>All</u> children should have returned details of medical arrangements. It is crucial that any children in need of medication have completed the relevant information on the online form and paper copy.
- Medicines sent with a child <u>must be named and have clear</u> <u>instructions attached</u>. Staff will then administer / supervise medication as instructed.
- **NO** child must take medicine / tablets without a staff member being present.
- PLEASE SEND IN BEFORE MONDAY 5TH JUNE FOR P7 TRIP.
- <u>IT IS NECESSARY TO HAVE **TWO** OF EACH INHALER IF YOUR</u> <u>CHILD HAS ASTHMA.</u>



SAFETY

- In the interests of safety please encourage your child to pay close attention and obey all instructions issued by teachers.
- Pupils must follow the instructions of the Party Leader and all staff with responsibility during the visit.
- We will be reading over the Code of Conduct/ Advice To Pupils About Educational Visits form with the pupils and asking them to sign and agree to the rules.



EMERGENCIES

OUR ADDRESS

- **Castlewellan Castle** Castlewellan Forest Park Castlewellan, County Down BT31 9BU Northern Ireland
- If you wish to contact your child in an emergency, please telephone
- School: 02890 401211
- Castlewellan Castle: Tel: 028 4377 8733
- In an emergency, staff will ensure that if necessary, your child will be given supervised access to a phone.
- Our email addresses are:
- <u>bshannon117@c2kni.net</u>
- <u>clowry887@c2kni.net</u>

