



When your child starts P1, there are a number of skills which they will need. Use this sheet to help you keep track of how ready they are to start Primary School.



Self-care

- I know how to wash my hands well.
- I can blow my nose.
- I can ask for help if I don't feel well.

Independence

- I can tidy away my belongings.
- I can look after my things.
- I can open my packed lunch bag by myself.
- I can go to the toilet by myself.

Speaking and Literacy

- I am interested in reading stories and looking at picture books.
- I am able to talk about myself, my needs and my feelings.
- I am practising recognising my name when it is written down.
- I can colour in and I am practising holding a pencil correctly.

Getting dressed and undressed

- I can put on and take off my jumper by myself (or with a little help!)
- I can put my shoes on (Velcro – not laces!)
- I can put my coat on and zip it up.

Listening and Understanding



- I am able to sit still and listen to a story for a few minutes.
- I can follow simple instructions.
- I understand I need to follow the rules.

Sharing and Turn-taking

- I can share toys and take turns.
- I can play games with others.
- I can talk to my friends.

Counting Skills

- I enjoy counting objects.
- I like saying number rhymes and playing counting games.

